



Walks Schedule 8th Oct 2022 – 4th Feb 2023

Start times and start locations will be announced in weekly emails.

All Walks Subject to Change Pending Weather or Circumstances at Time *

Date	Walk	Level	Terrain	Length
8 th Oct	Ben Wisken	Hard	Open mountain	4 – 5 hours
15 th Oct	Stirring Rock	Moderate	Open Mountain	3 - 4 hours
22 nd Oct	Leean Mtn Sligo	Hard	Open Mountain	4 - 5 hours
29 th Oct	Winnie Langan, Ox Mts	Moderate	Open Mountain	3 - 4 hours
5 th Nov	Rathlacken	Easy	Roads & track	3 - 4 hours
12 th Nov	Ben Gorm (Ashleigh Falls)	Hard	Open Mountain	5 - 6 hours
19 th Nov	Belderg *Or a day's Mtn Skills Training*	Hard Details to follow	Mountain & coast	4 - 5 hours
26 th Nov	Larganmore	Moderate	Mountain & Road	3 - 4 hours
3 rd Dec	Lough Alone, Ox Mts	Moderate	Open Mountain	3 - 4 hours
10 th Dec	Kilcummin	Easy	Road & beach	3 - 4 hours
17 th Dec	Aughris Head Christmas Lunch?	Easy	Roads & cliff walk	3 - 4 hours
Tue 27 th Dec	Knocknarea	Easy	Tracks & boardwalk	3 - 4 hours
31 st Dec	Nephin	Hard	Open Mountain	4 - 5 hours
7 th Jan	Union Woods	Easy	Track & Trail	3 - 4 hours
14 th Jan	Furnace Loop by Lough Feagh	Easy	Lakeside roads	3 - 4 hours
21 st Jan	Glen Loop, Bonniconlon	Easy	Roads	3 - 4 hours
28 th Jan	Carrowteigue	Moderate	Coastal/ Mountain	4 - 5 hours
4 th Feb	Glencarbery	Hard	Open Mountain	4 – 5 hours

Minimum Equipment: Walking boots, warm clothing, waterproof gear, fluids, snacks and basic First Aid Kit. For more difficult terrain and longer walks, walking poles are advised plus extra drinks and food.

Membership: €45 per year (at time of printing). Registration forms available from www.enniscronewalkingclub.ie or email walkenniscrone@gmail.com

Enniscrone Walking Club

Email walkenniscrone@gmail.com

Details of each week's walk are usually posted on facebook Club website: www.enniscronewalkingclub.ie



Find us on Facebook

Facebook.com/walkenniscrone